



www.barracudashockey.com

October 2008

4305 Fairview Street, Box 422, Burlington, ON L7L 6E8

President's Message Welcome

Welcome to the 2008-9 hockey season!

Many people have been working hard over the summer to get everything ready for a successful year. Already we have completed a number of hockey events. Skills School looks like it was fun and some good learning occurred, our Rep teams are in place and many have been to their first tournament, our Senior Rec Division is ready to go in mid-October and our House League Coaches meet this week to finalize teams and jump start their season starting next week. We have undergone a number of changes as a Club and will continue to change to improve our programs:

- Our numbers continue to grow – we have increased registration almost 10% over last year
- Senior Rec enters its second year with two levels – Advanced and Novice and with the ability to play once or twice per week – to give flexibility to our players many of whom are moms and relatives of our younger players. Get out and support them!
- Power Skating sessions will be offered to our House League players who wish to take advantage of additional practice and training,
- Power Skating is imbedded in the Rep practice sessions,
- Goalie School is being re-introduced for any players looking to work on their goal keeping skills,
- Our Junior team (Intermediate AA) will play out of Central Arena to take advantage of those facilities. Make sure you take in some games and support our elite levels of hockey,
- Our Canadian Women's team (Senior AAA) will play out of the Wave – twin rink to utilize the hockey and training facilities. Support this elite level team – some of the players you may see playing for Canada in Vancouver in 2010. Remember this team wins gold!
- Our March break tournament will undergo some changes which will make it more exciting and a little less challenging for all involved – look for more info on that over the next month.

WOW! We are just getting started.

The year will be exciting, fun and challenging. I also want us to recognize we will be challenged in other ways this year. Two areas our members remind me about are our health and the economy we live in. We know change is sometimes very difficult. Some of our families and friends will be hit hard by the changes going on in the economy. Others will be touched by illnesses like breast cancer - one that is unfortunately near to us as part of women's hockey. Each of you knows someone that is part of the Barracuda family that is or will be affected by these challenges. How do we meet and beat these challenges? By sticking together and supporting each other - players, parents, brothers, sisters, Coaches, Managers, Trainers and . . . ya OK even the Refs. Our Barracuda hockey family!

People from outside Burlington tell me they love to come here. We play with respect and integrity – for the game and for each other. We are joined together by our common love and excitement for this great pastime – hockey! We compete at all levels! Watching our kids, our moms, our family play reminds us how much fun it is to be a part of this family.

Many good things will happen this year – stick together and you will see.

It takes many volunteers and hard working people countless hours to make a successful season. Take a minute to recognize them. Hug your Ref, a Coach, manager, trainer, cheerleader (mom, dad, grandma, grandpa, our families). Ok - maybe a high five or just a little smile and a thank-you!

Have a great season, stick together and have fun! See you at the rink!

Cheers

Chris Hanlon

ELITE LEVEL WOMEN'S HOCKEY

BGHC is fortunate to have within our organization teams of the highest calibre of women's hockey offered today. Please find the time to come out and support these teams.



October Game Schedule

Jr. Cudas vs. Mississauga
October 3 @ 8:00 pm
Central Arena

Jr. Cudas vs. Toronto
October 4 @ 8:00 pm
Central Arena

Jr. Cudas vs. Aurora
October 17 @ 8:00 pm
Central Arena

Come on out and cheer on our Junior Team
Plenty of excitement and fun to be had



HOME OPENER!!

Burlington Sr. AAA vs. Brampton
Sunday, October 5th

Warm up at NOON
Puck Drop at 12:25 PM

@ The Wave Twin Rinks

Come out and see our own Burlington girl, 3 time Olympian **Becky Kellar** take on her Team Canada team mates, Vicky Sunohara, Gillian Apps, Jayna Hefford and Lori Dupuis!!!!

Autograph session will be held after the game

BOARD ANNOUNCEMENTS

2008-2009 EXECUTIVE

Chris Hanlon - President
Pat Gaughan - Vice President
Vern Neal - Treasurer
Anna Allen - Secretary
Fred Podealuk - Past President
Teresa Tetley - Director of Communications
Greg Gillies - Director of Competitive Operations
Tami Einboden - Director of Equipment
Wendy Buchinger - Director of Fund Raising
Paul Ivey - Director of House League Operations
Jeff Pellizzari - Director of Player & Coach Development
Mary Ann Gage - Director of Referees
Kathie Gilmour - Director of Senior Recreational
Jeff Martin - Director of Sponsorship
Gil Verwey - Director of Tournament

Contact information for the above directors can be found on our website.

HOUSE LEAGUE NEWS

Welcome!

I would like to introduce myself to those who have not met me. I am Paul Ivey, the new director of House League Operations.

I have been involved with hockey all my life; playing in Hamilton and coaching there for a number of years. I currently have two daughters playing for the Barracudas, one in Rep the other House League.

I have been involved with the league in prior hockey seasons which includes being a Convenor for two years. I'd like to thank Jake Westerhof, the former Director of HL, for nominating me as his replacement. I hope I can do as good a job.

This season, we will have goalie clinics at Brown's Ice Box all season to help encourage our HL goalies. These clinics, implemented by the Director of Player/Coach Development, will be free to HL players.

I have been busy working to balance teams for the upcoming season; a daunting task when trying to accommodate the many requests. Remember, for a friend request to be honoured it must be reciprocated by both parties.

I am looking forward to another excellent season, see you around the rinks, keep your stick on the ice.

Paul Ivey
Director of House League Operations

SR. RECREATION NEWS

The Senior Rec Advanced and Novice season will officially start on Saturday October 4th. I would like to take this opportunity to welcome all of the new and returning players to the 2008/2009 season. This year the Advanced division will be running six teams, four teams that play twice a week and two teams that play once a week. The Novice division will be running four teams, two teams that play twice a week and two teams that play once a week.

Please keep watching the website closely as information regarding the Novice Skills and Drills and information pertaining to rules of play will be posted shortly.

I am currently looking for volunteers to help make this year a successful year. If you feel that you can help in any way please contact me at (905) 690-3383 or e-mail me at kathieg@cwp-inc.com.

Wishing all of you a happy and safe hockey season for 2008/2009.

Keep your heads up and your sticks down!

Kathie Gilmour
Director of Senior Rec

OFF-ICE CUDA WEAR

There have been changes in the process to order off-ice wear. Our supplier, Gerry B's, has recently closed their retail operations. Gerry B's will continue to be our supplier, however you must call Judy to make arrangements for fittings. It is preferred that arrangements are for fittings by teams rather than individuals.

Please call Judy @ 905 333 5198 to schedule an appointment for your team.

For all players who have already ordered off ice wear, you should get a call by Oct 8th, to let you know where to pick up. Please contact Tami via e-mail if you do not receive notice that your order has arrived.

Thanks,

Tami Einboden, Director of Equipment

BARRACUDAS' LOGO

BGHC has strict rules governing the use of the BGHC logo, which includes all references that suggest an association with BGHC. There are a number of reasons for the policies developed.

Firstly, having a unified look for Burlington players, so that Barracudas teams are readily identifiable is important. We want people from other centres to recognize Burlington players when they see them, and the only way to do that is for everyone to wear the same off-ice uniform.

Secondly, we want to avoid the appearance that there are have and have not teams in our association. If one team has something that no other team has, it can create enmity and jealousy.

Any use of the logo MUST have Board approval.

Some requests for use of the BGHC logo are rejected on the basis of cost. Hockey is a fairly expensive sport in which to participate, particularly at the Rep. level. The board has refused some requests for use of the logo, simply to prevent parents from being pressured into spending additional money unnecessarily.

BURLINGTON SPRING BREAK TOURNAMENT – MARCH 13, 14 AND 15, 2008

Once again the Burlington Girls Hockey Club will be hosting its annual spring break Tournament. This year's Tournament will be held at the beginning of the March Break (March 13- 15, 2009). This is a major fundraiser for the Association and all the girls will benefit from its success. As with any undertaking of this magnitude we are in need of sponsorship, volunteers, prizes, program advertising, donations of food, snacks, drinks, etc. This year's tournament promises to be a fun filled weekend with lots of friendly competition in all age categories. If you can contribute or know of someone that might be willing, please contact Gil Verwey @ gverwey1@cogeco.ca

Gil Verwey, Tournament Director

NEWSLETTERS

Newsletters will be sent out to membership via e-mail from time to time throughout the season as necessary to communicate information. If you do not receive these newsletters, it may be for a number of reasons. Firstly, we may not have an e-mail address for you or it may be incorrect. Secondly, these e-mails are viewed as bulk e-mails by many e-mail servers and may be blocked by your service supplier.

If you are not receiving the newsletters and wish to do so, please contact me at Tetley_hockey@hotmail.com so we can determine the appropriate method of getting them to you.

If you have any news to share with the membership, including interesting hockey stories, team successes or even hockey humour, by all means send me an e-mail to the above-noted address and I will be happy to add it to the next newsletter issue.

Teresa Tetley
Director of Communications

CALL FOR SPONSORS

We are still looking for Sponsors to support our teams. If you can Sponsor a team or know of someone who may be interested, please contact Jeff Martin at martinairsystems@sympatico.ca

Jeff Martin, Director of Sponsorship

UPCOMING CLINICS

TRAINERS' CLINIC

The Ontario Women's Hockey Association (OWHA) requires that a Trainer attend all "sanctioned OWHA events." This means that for all games, practice and training sessions (on ice or off) a qualified Trainer must be present and watching the activities to ensure that they see any mishaps to help deal with any injuries that may occur.

BGHC requires that all Trainers be female. Once your daughter is assigned to a team, particularly the younger house league teams, there may not be a qualified Trainer among the moms associated with the team. Someone may have to volunteer to attend and get her Trainers' certificate.

There is no cost for members of BGHC to attend clinics hosted in Burlington. Watch for news on future clinics. If anyone has a need to get their certification earlier,

please check the OWHA web site (www.owha.on.ca - look under HTCP) for other clinics. If you attend an out-of-town clinic, you will be required to pay for the clinic yourself, but BGHC will reimburse you for your costs with the submission of a receipt. BGHC will financially support two trainers per team.

SPEAK-OUT CLINIC

The OWHA, and Hockey Canada, require that all staff that deal with players attend a Speak-Out clinic. The good news is that one must only attend the clinic once, as there is no need for refresher courses, as with Coaches and Trainers. New coaches and trainers who have not had this training through other hockey associations must all attend. BGHC will enforce the OWHA/Hockey Canada requirement and those who have not had their Speak-Out training by the end of November will not be permitted to continue working with the players.

There is no cost for members of BGHC to attend this clinics hosted by BGHC. Future dates for Clinics will be communicated to Team Staff over the next few weeks.

COACHING CERTIFICATION

The OWHA requires that we have a minimum Level I coach on the bench for all teams from House League to Rep. The Club will pay for the certification of one coach per team. If you are interested in acquiring your certification, dates and locations of courses may be found at <http://www.owha.on.ca/nccp.asp>

POLICE CHECKS

Please note that all bench staff (coaches, trainers and parent reps) must have a Speak Out certificate AND a police check done by November 15th, 2008.

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NELSON ARENA CONSTRUCTION

Nelson arena is set to start the construction on the front entrance way. Work will begin October 1st and could last up to 4 weeks depending on weather. There will be no disruption to any service during this period.

VOLUNTEER OPPORTUNITIES FOR HIGH SCHOOL STUDENTS

Burlington Girl's Hockey Club is looking for some volunteers to help with various tasks throughout the 2008/2009 Hockey Season. We have some fun opportunities available for you or any of your friends/class mates to get their Volunteer Hours.

We are fortunate to have a Canadian Women's Hockey League ("CWHL") team associated with our Club in Burlington. This team plays at the highest level hockey available for women (Sr. AAA). The CWHL is the league where Team Canada/National players hone their skills on the ice during non-Olympic years. Becky Kellar a multiple Olympic medalist is a member of the Burlington squad.

For the 2008/2009 CWHL schedule, there will be approximately 10 home games. These games are often played on Sunday afternoons at the Wave Twin Rink between 12:00 and 3:00. There are a few games that will be played at other arenas during the season. We could use as many as 5 volunteers for each home game to assist with game related activity. The more volunteers we have, the more we can do create fun and excitement for the fans that come out to watch these games. Each volunteer has the potential to acquire approximately 3 hours of volunteer time per game.

We need the following volunteers:

1. Volunteers to staff the "gate", which means sell raffle tickets and 50/50 tickets and take gate fees. We would need this person(s) set up about 30 mins prior to game time up to the end of the second period of the game.
2. Volunteers to count "shots on goal". We would require these volunteers to be there for the entire game.
3. Timekeepers – we require 2 each game.
4. Game Day Activity Director – we would be interested in any volunteer that would like to manage the game day activities. This would be a position that would manage all volunteers for each home game. This would interest some one who might like to enter the sports management/entertainment industry as a career.

If you are interested or know any one who may be interested in collecting their volunteer hours with this unique opportunity, please have them contact Chris Hanlon at chanlon@cogeco.ca or Teresa Tetley at Tetley_hockey@hotmail.com.